



**RockOlympics** 2024  
CULTIVATING TALENTS

**BALLET • DANCE • MULTI-SPORT •  
BABY GYMNASTICS**

## WELCOME NOTE

### Welcome to RockOlympics 2024!

At RockStar Academy, we are committed to cultivating talents, and RockOlympics serves as an extraordinary platform for our students to showcase their skills and create lasting memories.

We firmly believe that participation in this event offers our students valuable experiences and fosters essential qualities such as discipline, respect, friendship, leadership, teamwork, and resilience. RockOlympics is not just about competition; it's about instilling important life lessons and values in our students.

This year's RockOlympics promises to be the biggest and best yet, with exciting new additions including:

- Baby Competitions in Walker, Jumper & Tots Gym
- Dance Move & Groove Competitions
- Parkour Speed & Freestyle Competitions
- Individual Singing Competitions
- Semi-Finals & Finals held in the Mall Atrium
- Best Costume Awards for the Performing Arts Individual & Team Competitions

Additionally, our students in performance arts programs will have the opportunity to perform in the Neo Atrium of Neo Soho Mall during both the Semi-Finals and Grand Finals.

We want to extend our best wishes to all the students participating in RockOlympics 2024. Let's continue to cultivate the talents of our future life champions!

Warmest regards,

**John Franklin**  
CEO, RockStar Academy

## COMPETITION STAGES

COMPETITIONS	SYSTEM		STAGES
	INDIVIDUAL	TEAM	
BALLET	Point-Based	Point-Based	Ind: Semi-Final, Final; Team: Final
DANCE	Point-Based	Point-Based	Ind: Semi-Final, Final; Team: Final
MULTI-SPORTS	Knock-Out	X	Semi-Final; Final
BABY GYM	Knock-Out	X	Semi-Final; Final

## SCHEDULE SEMI-FINALS

DATE	STAGE	COMPETITION & VENUE
1 June 2024	Semi - Finals	MULTI-SPORTS (Sports Court, RSA Neo Soho Mall)
		BABY GYM (Gymnastics Studio, RSA Neo Soho Mall)
		BALLET (Neo Atrium, Neo Soho Mall)

DATE	STAGE	COMPETITION & VENUE
2 June 2024	Semi - Finals	DANCE (Neo Atrium, Neo Soho Mall)

## SCHEDULE FINAL

DATE	STAGE	COMPETITION & VENUE
16 June 2024	Finals	MULTI-SPORTS (Sports Court, RSA Mall Of Indonesia)
	Finals	BABY GYM (Gymnastics Studio, RSA Mall of Indonesia)
22 June 2024	Finals	DANCE (Neo Atrium, Neo Soho Mall)
23 June 2024	Finals	BALLET (Neo Atrium, Neo Soho Mall)

## EVENTS PER GENRE

GENRE	CATEGORY	AGE GROUP	REMARKS	REGISTRATION FEE
DANCE	Baby Dance	1 - 3 yrs	Individual	188,000 IDR per student
	Move & Groove	3 - 5 yrs	Individual	188,000 IDR per student
BALLET	Baby Ballet	2 - 3 yrs	Individual	188,000 IDR per student
	Pre-Ballet	3 - 5 yrs	Individual	188,000 IDR per student
BABY GYM	Baby Crawling 6 - 11mo	6 - 11 mo	Individual	188,000 IDR per student
	Baby Walker 12 - 23 mo	12 - 23 mo	Individual	188,000 IDR per student
	Baby Jumper 24 - 35 mo	2 - 3 yrs	Individual	188,000 IDR per student
	Tots 36 - 47 mo	3 - 4 yrs	Individual	188,000 IDR per student
MULTI-SPORTS	Sports U3	2 - 3 yrs	Individual	188,000 IDR per student
	Sports U5	4 - 5 yrs	Individual	188,000 IDR per student

## REGISTRATION

DATE	EVENT	EVENT FEE	PERIOD
1 June 2024	Multi-Sports	Early Bird	1 - 26 May 2024
	Baby Gym	Regular	27 May - 31 May 2024
	Baby Ballet & Pre-Ballet	Event Day	1 June 2024

DATE	EVENT	EVENT FEE	PERIOD
2 June 2024	Dance	Early Bird	1 - 26 May 2024
		Regular	27 May - 1 June 2024
		Event Day	2 June 2024

## REGISTRATION FEES

Registration Period	VIP		Premiere	
	All Academy (except PK)	23 Paskal Only	All Academy (except PK)	23 Paskal Only
Early Bird	188,000 IDR	158,000 IDR	238,000 IDR	188,000 IDR
Regular	238,000 IDR	188,000 IDR	288,000 IDR	238,000 IDR
Event Day	288,000 IDR	238,000 IDR	338,000 IDR	288,000 IDR

## BABY DANCE PROCEDURES



1. For individual competition, all students who fit the age qualification for the category may register and join the competition.
2. Participants must register at the Front Office.
3. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
4. For individual competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
5. Participants must check and confirm the competition schedule.
6. Participants are required to wait at the designated area and wait to be called by the committee.
7. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not following Competition regulations.
  - Attend competition by wrong age category.
  - Trying to approach judges (related to the parents as well).
  - Team using song with inappropriate words.
  - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

## Points deduction

1. Overtime or Undertime duration - 3 points.
2. Participation of non-listed performer (teacher/parents, etc) - 5 points.
3. Not following the rundown (late) - 5 points.
4. Usage of the equipment/accessories without written approval - 5 points.

## BABY DANCE SCHEDULE

### SEMI-FINAL

<b>2</b> JUNE SUNDAY	TIME	ACADEMIES
	10:00 - 12:00	Baby Dance
	13:00 - 15:00	Move & Groove

### FINAL

<b>22</b> JUNE SATURDAY	TIME	ACADEMIES
	14:00 - 14:30	Baby Dance
	14:30 - 15:00	Move & Groove
DANCE AWARDING		

## SYSTEM

### Dance Individual

1. There are 2 rounds: Semi Final - Final.
2. Students who are fit the age qualification for this category may register.
3. Semi Final Round for Dance Individual categories are Knock-Out Based System.

EVENT	AGE CATEGORY (age on the day of the event)
Baby Dance	1-3 yrs
Move & Groove	3-5 yrs

## SYSTEM

1. Semi Final: participants will perform 4 songs following the instructor's guidance.  
Final: participants who have passed semi-finals, will perform dance routine as at Semi Final.
2. Participants will be divided by groups.
3. An instructor will demonstrate dance movements and all the participants must follow.
4. Only (1) parent/guardian is allowed to assist the participant.
5. Accompanied adult are not allowed to touch and force participant physically. Only guide and encourage to follow the instructor.
6. Participants with the same points result will be invited for extra competition to verify winner.
7. All the participants have to follow the song that have been determined for this year Semi Final:  
**BABY DANCE**
  - Watermelon.
  - Choco Train.
  - Play in the Beach.
  - Body Boop Bop.**MOVE & GROOVE**
  - Dance in the night.
  - Don't start now.
8. Costume - free, comfortable. No jewelry, watches, bracelets are allowed.
9. All judges' scores are final and unchangeable.

## MEDAL CEREMONY

1. Medal Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1st Position (Gold), 2nd Position (Silver), 3rd Position (Bronze).
3. Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).



## BABY BALLET PROCEDURES



1. For individual competition, all students who fit the age qualification for the category may register and join the competition.
2. Participants must register at the Front Office.
3. On the day of the event, participants must pre-register at the registration room, minimum one (1) hour before the competition starts.
4. For individual competition, participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
5. Participants must check and confirm the competition schedule.
6. Participants are required to wait at the designated area and wait to be called by the committee.
7. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times.
  - Not following Competition regulations.
  - Attend competition by wrong age category.
  - Trying to approach judges (related to the parents as well).
  - Team using song with inappropriate words.
  - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!!

## Points deduction

1. Overtime or Undertime duration - 3 points.
2. Participation of non-listed performer (teacher/parents, etc) - 5 points.
3. Not following the rundown (late) - 5 points.
4. Usage of the equipment/accessories without written approval - 5 points.

## SYSTEM & PROCEDURES

### Ballet Individual

1. There are 2 rounds: Semi-Final & Final.
2. Students who are fit the age qualification for this category may register for Semi-Final.
3. System - Points-Based.

EVENT	AGE CATEGORY (age on the day of the event)
Baby Ballet	2-3 yrs
Pre-Ballet	3-5 yrs

1. Semi Final: participants will perform 3 songs following the instructor’s guidance.  
Final: participants who have passed semi-finals, will perform dance routine as at Semi Final.
2. Participants will be divided by groups. An instructor will demonstrate dance movements and all the participants must follow.
3. Participants will be divided by groups.
4. Adults are not allowed to accompany a child (only in case the students is crying). Accompanied adult are not allowed to touch and force participant physically. Only guide and encourage to follow the instructor.
5. Participants with the same points result will be invited for extra competition to verify winner.
6. All the participants have to follow the song that have been determined for this year Semi Final:
  - BABY BALLET**
    - Main Title - Alternate Version
    - The Farmyard
    - Pirouette - Over the Rainbow
  - PRE-BALLET**
    - The Nutcracker
    - The Nutcracker Spanish Dance
    - The Nutcracker Russian Dance

## BALLET SCHEDULE

### SEMI-FINAL

1 JUNE SATURDAY	TIME	COMPETITIONS
	10:00 - 13:00	Baby Ballet
	14:00 - 16:00	Pre-Ballet

### FINAL

23 JUNE SUNDAY	TIME	COMPETITIONS
	10:00 - 10:30	Baby Ballet
	10:45 - 11:30	Pre-Ballet
13:00 - BALLET INDIVIDUAL AWARDING		

## UNIFORM

- Any color of Ballet Leotard, Ballet Tutu or Wrap Skirt.
- White/soft pink color Stocking, Ballet slippers.
- Hair tight or in a bun, appropriate hair piece (no crown, no mickey mouse ears, etc.).
- No accessories (necklace, bracelet, anklet, etc.).

venue

📍 Neo Atrium, Neo Soho Mall



MEDAL CEREMONY

1. Medal Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Position (Bronze).
3. Winners will receive a Medal and a Certificate of Achievement (Certificates will be distributed 1 month after the event).

## MULTI-SPORTS PROCEDURES



## REGISTRATION

1. Participants must register at the Front Office. All Fees Are Non-Refundable.
2. On the day of the event, participants must pre-register at the registration area, minimum one (1) hour before the competition starts.
3. Participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number
4. Participants must check and follow the competition schedule.
5. Participants are required to wait at the designated area and wait to be called by the committee.
6. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times
  - Not following Competition regulations
  - Attend competition by the wrong age category
  - Trying to approach judges (related to the parents as well)
  - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!

## COMPETITION RULES & REGULATIONS

1. All participants must wear a chest number.
2. The system is Time based (fastest with proper technique) .
3. All participants have to finish all tasks.
4. Adult supervision is only allowed in Sports U3. Only maximum of one adult will be allowed to guide each participant. Accompanied adult are not allowed to touch and force participant physically. Only guide and encourage to follow the instructor.
5. Participants with the same time result will be invited for extra competition to verify winner.
6. Strictly no food and drinks are allowed at the competition area.

## PROCEDURES

**Semi-finals** --- > 20 finalists

**Final** ----> 3 Winners

### Skills & stations

**Semi Final** ---> 3 rows of Obstacle Course + Station 1-4 + Bean Bags Toss.

**Final** ---> 3 rows of an obstacle course + Station 1-7 + Bean Bags Toss.

### SPORTS U3 (Age: 2-3 yrs )

Participants will be divided into 3 groups to do courses accompanied by one (1) adult and 1 shadow teacher as a judge. There are seven (7) obstacles in a course.

Station 1: Participants will step over the hurdles.

Station 2: Participants will jump through hoops.

Station 3: Participants will step on the stepping stones.

Station 4: Participants will stand in one hoop, then receive the ball from the coach (participants will not continue to the next station before participants can receive the ball without any help from an adult). Station 5: Participants will shoot the ball into the mini basketball rim (participants will not continue to the next station before participants can shoot the ball into the rim from a certain distance).

Station 6: Participants will shoot (kick) the futsal ball into the mini-futsal goal (participants will not continue to the next station before participants can shoot the ball into the minifutsal goal from a certain distance).

Station 7: Participants run to the finished line

The first participant who finishes the line wins.

### SPORTS U5 (Age: 4-5 yrs )

Participants will be divided into 3 groups to do courses accompanied by one (1) adult and 1 shadow teacher as a judge. There are eight (8) obstacles in a course.

Station 1: Participants will step over the hurdles.

Station 2: Participants will jump through hoops.

Station 3: Participants will step on the stepping stones.

Station 4: Participants will stand in one hoop, then receive the ball from the coach (participants will not continue to the next station before participants can receive the ball without any help from an adult). Station 5: Participants will shoot the ball into the mini basketball rim (participants will not continue to the next station before participants can shoot the ball into the rim from a certain distance).

Station 6: Participants will stop the ball using their feet.

Station 7. Shoot (kick) the ball into the mini-futsal goal (participants will not continue to the next station before participants can shoot the ball into the mini-futsal goal from a certain distance).

Station 8: Participants run to the finished line

The first participant who finishes the line wins.

**MULTI-SPORTS SCHEDULE**

**SEMI-FINAL**

<b>1</b> JUNE SATURDAY	TIME	COMPETITIONS
	10:00 - 12:00	Multi-Sports U3
	13:00 - 15:00	Multi-Sports U5

**FINAL**

<b>16</b> JUNE SUNDAY	TIME	COMPETITIONS
	10:00 - 10:45	Multi-Sports U3
	MULTI-SPORTS U3 AWARDING	
	11:00 - 11:45	Multi-Sports U5
	MULTI-SPORTS U5 AWARDING	

**UNIFORM**

1. All participants and parents (adults) need to wear comfortable sports outfit.
2. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.

venue

📍 Sports Court, RSA Neo Soho Mall



MEDAL CEREMONY

- Medal Ceremony will be done on the Final Competition Day.
- Winners for each category: 1<sup>st</sup> Position (Gold), 2<sup>nd</sup> Position (Silver), 3<sup>rd</sup> Position (Bronze).
- Winners will receive a Medal and Certificate of Achievement (Certificates will be distributed 1 month after the event).



## BABY GYM PROCEDURES



## REGISTRATION

1. Participants must register at the Front Office. All Fees Are Non-Refundable.
2. On the day of the event, participants must pre-register at the registration area, minimum one (1) hour before the competition starts.
3. Participants must present the proof of payment/registration receipt to the committee on pre-registration and receive a chest number.
4. Participants must check and follow the competition schedule.
5. Participants are required to wait at the designated area and wait to be called by the committee.
6. Disqualification will be given to participants who are:
  - Late and are not able to present themselves after being called three (3) times
  - Not following Competition regulations
  - Attend competition by the wrong age category
  - Trying to approach judges (related to the parents as well)
  - Cheer negatively to the competitors. Be an encourager by supporting the others in performances and competitions. Be a Team player!

## UNIFORM

1. All participants and parents (adults) need to wear comfortable sports outfit.
2. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.

## BABY GYM SCHEDULE

### SEMI-FINAL

1 JUNE SATURDAY	TIME	COMPETITIONS
	10:00 - 11:00	Crawler 6-11 mo
	11:00 - 12:00	Walker 12-23 mo
	13:00 - 15:00	Jumper 24-35 mo
	15:00 - 17:00	Tots Gym 36-47 mo

### FINAL

16 JUNE SUNDAY	TIME	COMPETITIONS
	10:00 - 10:20	Crawler 6-11 mo
	CRAWLER AWARDING	
	10:30 - 10:50	Walker 12-23 mo
	WALKER AWARDING	
	11:00 - 11:20	Jumper 24-35 mo
	JUMPER AWARDING	
	11:30 - 11:50	Tots Gym 36-47 mo
	TOTS GYM AWARDING	

## UNIFORM

1. All participants and parents (adults) need to wear comfortable sports outfit.
2. All jewelries must be removed. Necklaces, earrings and watches cannot be worn during the competitions.

## COMPETITION RULES & REGULATIONS

### BABY CRAWLER

1. Babies between 6-11 months may enter the contest as long as they are not walking yet.
2. Babies below 6 months and above 12 months on the competition day will not be able to participate in the contest.
3. Registered baby and parent/legal guardian must be presented during the contest.
4. Babies will line up at the start line and at the signal, can be encouraged to crawl to the finish line.
5. Parents/legal guardians may not walk beside the child to encourage him or her and are not allowed to food to lure.
6. Only maximum of two adults will be allowed on the competition area with each baby. One adult will stay behind the baby at the start line and the other one - at the finish line.
7. Only babies are allowed to be on the competition area.
8. Babies cannot be push-started over the line.
9. Parents are NOT allowed to push, pull or touch their children while they are on competition area.
10. Participants will be disqualified if one of the parents touches the baby once the race starts.
11. Babies do not have to stay in their own lanes and rarely do.
12. Any baby standing up or begin to walk will be disqualified.
13. Any motivational strategy can be used: parents can wave toys, cell phones or keys to entice their little one to cross the finish line. No load or bad words are allowed.
14. Baby will start at the edge of the start line and first baby to crawl o the finish line wins! Baby must cross the finish line to be the winner. Each group has max of 5 min to cross the final line.
15. In case the final line was not reached by any of the participants in the group, then the whole group won't be qualified for the final. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
16. Participants with the same time result will be invited for extra competition to verify winner.
17. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
18. Strictly no food and drinks are allowed at the competition area!

## COMPETITION RULES & REGULATIONS

### BABY WALKER

1. Babies between 12-23 months may enter the contest as long as they have started walking.
2. Babies below 12 months and above 24 months on the competition day will not be able to participate in the contest.
3. Registered baby and parent/legal guardian must be presented during the contest.
4. Babies will line up at the start line and at the signal, will start a bean bag race.
5. Parents/legal guardians may not walk beside the child to encourage him or her and are not allowed to use food to lure.
6. Only a maximum of two adults will be allowed on the competition area with each baby. One adult will stay behind the baby at the start line and the other one - at the finish line.
7. Only babies are allowed to be on the competition area.
8. Babies cannot be push-started over the line.
9. Parents are NOT allowed to push, pull or touch their children while they are on the competition area.
10. Participants will be disqualified if one of the parents touches the baby once the race starts.
11. Any motivational strategy can be used: parents can wave toys, cell phones or keys to entice their little one to cross the finish line. No loud or bad words are allowed.
12. Baby will start at the edge of the start line and first baby to pass the finish line wins! Baby must cross the finish line to be the winner. Each group has a max of 5 min to cross the finish line.
13. In case the finish line was not reached by any of the participants in the group, then the whole group won't be qualified for the final. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
14. Participants with the same time result will be invited for extra competition to verify winner.
15. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
16. Strictly no food and drinks are allowed at the competition area!

## COMPETITION RULES & REGULATIONS

### BABY JUMPER

1. Babies between 24-35 months may enter the contest as long as they are participate Jumper class.
2. Babies below 24 months and above 36 months on the competition day will not be able to participate in the contest.
3. Registered baby and parent/legal guardian must be presented during the contest.
4. Babies will line up at the start line and at the signal, will start an obstacle bean bag race.
5. Parents/legal guardians may not walk beside the child to encourage him or her and are not allowed to food to lure.
6. Only maximum of two adults will be allowed on the competition area with each baby. One adult will stay behind the baby at the start line and the other one - at the finish line.
7. Only babies are allowed to be on the competition area.
8. Babies cannot be push-started over the line.
9. Parents are NOT allowed to push, pull or touch their children while they are on competition area.
10. Participants will be disqualified if one of the parents touches the baby once the race starts.
11. Baby will start at the edge of the start line and first baby pass the finish line wins! Baby must cross the finish line to be the winner. Each group has max of 5 min to cross the final line.
12. In case the final line was not reached by any of the participants in the group, then the whole group won't be qualified for the final. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
13. Participants with the same time result will be invited for extra competition to verify winner.
14. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
15. Strictly no food and drinks are allowed at the competition area!

## COMPETITION RULES & REGULATIONS

### TOTS GYM

1. Kids between 36-47 months may enter the contest as long as they are participate Tots Gym class.
2. Kids below 36 months and above 48 months on the competition day will not be able to participate in the contest.
3. Kids will line up at the start line and at the signal, will start an obstacle bean bag race.
4. Parents/legal guardians are not allowed to enter the competition area.
5. Kids will start at the edge of the start line and first child pass the finish line wins! Kids must cross the finish line to be the winner. Each group has max of 5 min to cross the final line.
6. On Semi-Finals the winners of each group time result will be recorded. Only 20 the fastest winners of Semi-Finals will be qualified to the Finals.
7. Participants with the same time result will be invited for extra competition to verify winner.
8. The judges will base their decisions on what they see during each race. Videotapes are not used to determine the winner. The judges' decisions are final and unchangeable.
9. Strictly no food and drinks are allowed at the competition area!

## MEDAL CEREMONY

1. Medal Ceremony will be done after the last competition.
2. Winners of Individual Categories: 1st Position (Gold), 2nd Position (Silver), 3rd Position (Bronze).
3. Winners will receive a Medal and a Certificate of Achievement (Certificates will be distributed 1 month after the event).



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